



The Bible Speaks

SUICIDE ON THE INSTALMENT PLAN

Every person who has had the satisfaction of owning a new car has received an owner's manual which tells him how to enjoy and care for the new vehicle. This manual will give him almost all of the information that he will need to operate the car. It tells how fast to drive the car when he is breaking it in. It specifies the type of oil and grease that the car will need. It instructs the new owner how often the oil must be changed and what lubrication is necessary.

A wise owner will study the instructions of the manual carefully and will follow them closely. Their suggestions are based on the fact that the manufacturers designed and built the car and know how it will perform best.

From time to time people find themselves in a hospital. The doctor is forced to tell them that they are seriously ill and that their illness is due to the misuse of the body that God has given them. We are told that 80% of the disease, excluding accidents and infections, is due to wrong health habits. Millions of Americans are committing suicide on the instalment plan. They are literally digging their graves with their teeth.

The Creator and Designer of the human body has written an instruction book. Shall we call it an Owner's Manual? In this book, the Bible, God has given us some excellent advice as to how to care for our remarkable bodies. In this Book, God has told us what to put into them and what not to use in the operation of the body. How few have taken time to let God show them the better way of life. As a result, many people suffer needless pain and premature death.

God does not lay down arbitrary rules just to show His authority. He gives this advice, because having made us, He knows what is best for us. Let us study His Owner's Manual.

THE BIBLE SPEAKS

1. What type of life will God give to His children? **John 10:10**

The Bible Answer: _____

2. What is the desire of our heavenly Father in regard to our physical well-being? **3 John 2**

The Bible Answer: _____

3. What should the Christian's attitude be in the use of the body?
1 Corinthians 10:31

The Bible Answer: _____

4. Why should the Christian be particularly careful in the way he cares for his body? **1 Corinthians 3:16,17**

The Bible Answer: _____

5. What are some of the ways in which we can defile our bodies? **Daniel 1:8**

The Bible Answer: _____

6. What was the diet God gave to Adam before the flood? **Genesis 1:29**

The Bible Answer: _____

Note: This description includes grains, nuts, fruit, and vegetables (herbs). Meat was not a part of the original diet. Flesh was added after the flood. **Genesis 9:1-3**

7. Into what two classifications did God divide the animals when he sent them into the ark? **Genesis 7:1, 2**

The Bible Answer: _____

8. Which animals does God say are clean and fit for food?
Deuteronomy 14:2-6

The Bible Answer: "And every beast that _____
and cleaveth the cleft into two claws, and _____
_____ among the beast, that shall ye eat."

9. What fish are considered by God to be clean? **Deuteronomy 14:9,10**

The Bible Answer: "These shall ye eat of all that are in the water, all that
have _____ shall ye eat."

10. What specific animals are listed as unfit for man to eat?
Deuteronomy 14:7, 8

The Bible Answer: _____

11. What will be the fate of those who continue to ignore the instructions of God
in eating unclean food? **Isaiah 66:15-17**

The Bible Answer: _____

12. What does Solomon say concerning those who use strong drink?
Proverbs 20:1

The Bible Answer: _____

13. What does the Bible teach will be the result of using strong drink?
Proverbs 23:29-35

The Bible Answer:: _____

14. What command of God will keep the Christian from the use of tobacco and other harmful drugs? **Exodus 20:13**

The Bible Answer: _____

15. Why should the Christian desire to glorify God in his body by caring for it? **1 Corinthians 6:19,20**

The Bible Answer: _____

16. What should be the purpose of every child of God when he realizes that the Lord is coming soon? **1 John 3:1-3**

The Bible Answer: _____

17. How can those who find themselves enslaved by a habit gain the victory over it? **Philippians 4:13**

The Bible Answer: _____

The Lord is coming to redeem a peculiar people - a people who have dedicated body, mind and soul to Him. When the Hebrews brought a sacrifice to the Lord it was to be without spot and blemish. Paul makes this appeal to us: "Present your bodies a living sacrifice, holy acceptable unto God which is your reasonable service." **Romans 12:1 (NT 143)**. Let us determine today that we will not indulge in any practice by which our bodies will be injured and defiled, but we will live to glorify our Lord in every way.

(If you wish to respond to the following questions, place a check in the blanks.)

I have an injurious habit which I desire to overcome. Please pray for me.

I am determined to live for Christ according to the Bible.

Name: _____

Address: _____

_____ Postcode: _____